Thinking of having a cosmetic procedure?

**CONSENT** – The doctor who will carry out your procedure must speak to you personally and get your consent.

**OPENNESS** – Your doctor must be open and honest about their skills, experience, fees and any conflicts of interests.

**SAFETY** – Your procedure must take place in a safe and suitable environment.

**MARKETING** – Your doctor must market their services responsibly and be clear about the risks involved.

**EXPERIENCE** – Your doctor should have experience of carrying out the procedure you’ve asked for.

**TIME** – Your doctor must give you enough time to make your decision. You should never feel pressured or rushed into having a procedure.

**INFORMATION** – Your doctor must give you clear information, including details about aftercare and who to contact if you’re worried.

**COSTS** – Your doctor must explain the costs clearly, including details of any fees you need to pay for any potential additional procedures.

You can find more information in our leaflet, *Cosmetic procedures: what do I need to consider?*, and in our guidance for doctors. Both are available at [www.gmc-uk.org/cosmetic](http://www.gmc-uk.org/cosmetic).